

What is 'Autism Family Holidays'?

Autism Family Holidays (AFH) is run by Will and Andi who have over 20 years experience of working professionally and personally with young autistic people and their families. It consists of a 3 bedroomed self-catering cottage in North-West Wales offering holidays to families, carers or groups with a member or members of any age on the autism spectrum with additional complex behaviours.

What else does the accommodation offer?

The building originated as one small cottage reportedly dating back to the 17th century. In recent years it has been developed to incorporate adjoining farm buildings which now form the holiday accommodation. It is all on ground level, but because the property is built into the hillside, there are several floor levels which involve steps, both inside and out. As it is traditionally a Welsh cottage, the rooms are not huge and some ceilings are low in places.

The cottage has internet access and comprises of an entrance room, lounge, kitchen/diner, three bedrooms (double, bunk and single, plus fold-away single bed & travel cot), a bathroom with bath/shower & toilet and a separate toilet/utility room. The accessible outside is divided into drive, field and small lawn. We have endeavoured to ensure safety standards are high while retaining the charm and character of the cottage and it's surroundings.

What do we offer that may differ from other holiday lets?

- Accommodation furnished and decorated with autism and safety in mind, including 4ft high external boundaries, lockable doors and cupboards, no ornaments & secure fixtures. Furniture from *Tough Furniture: www.toughfurniture.com*
- A non-judgemental service, including offers of support and advice if required from owners with a knowledge & understanding of the autism spectrum.
- A therapeutic location away from crowds, close to the sea and set away from the road.



The cottage & drive

What else is on offer?

Whilst we benefit from a peaceful setting, we are only a 15 minute drive to the nearest town with supermarkets and shops. And online grocery stores will deliver.

In addition, the Llŷn Peninsula with its mild climate and nearly 100 miles of coastline, has an assortment of beaches from vast sandy stretches to small isolated pebbled coves. There are also a number of castles, steam trains and theme parks, all within easy driving distance.



Nearby beach

Why are we doing this?

Supporting families with children on the autism spectrum with additional complex behaviours has given us an awareness of how difficult it can be for some to have a family holiday together. While we respect the need for families to choose whether or not they take holidays as a family, our aim is to promote holidays which the whole family can share together in a safe, relaxing environment.



Sorry – no pets except assistance dogs.

Please note that the owners have a cat & a dog. Frequent visitors to the garden include squirrels, woodpeckers and wild goats!

Our cottage on the Llŷn Peninsula in North Wales has been recently renovated to provide autism-specific self-catering holiday accommodation for up to 6 people



Cottage in centre of picture

We specifically cater for families who would otherwise find it difficult to find a suitable place to take their family member or friend on such a holiday due to their autism and complex behavioural needs.

(Please note - not suitable for wheelchairs due to steps and uneven land)

Where is it situated?

The cottage is situated in working farmland, in an elevated position on the slopes of Yr Eifl, with sea and mountain views. It is in a peaceful location away from the hustle and bustle of built up areas.

The owners live in the original part of the property and are therefore nearby for support should it be required. The layout of the house and land has been planned as much as possible to provide privacy to both owners and guests in order that they feel relaxed throughout the stay.

Note: We operate a no smoking policy – designated smoking area provided

For further information and prices see our website:

www.autismfamilyholidays.co.uk

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**We are
here**



**AUTISM
FAMILY
HOLIDAYS**

**Offering relaxing self-catering accommodation
in a safe, non-judgemental environment**

Do you have a family member/friend on the autism spectrum with complex behaviours?

Do you find it difficult and stressful to take them on a family holiday?

If so, we can help!

**Look out for our website:
www.autismfamilyholidays.co.uk**

A warm welcome awaits you.